

Erin J. Henshaw, PhD

Associate Professor
Denison University
Department of Psychology
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EDUCATION

- 2013-present Ohio Psychologist Full License (#6885)
- 2008—2009 APA-Accredited Predoctoral Internship in Clinical Psychology
University of Michigan Counseling and Psychological Services
University of Michigan, Ann Arbor, MI
- 2003—2009 PhD., Clinical Psychology
Eastern Michigan University, Ypsilanti, MI
Dissertation: *Factors associated with help-seeking for perinatal depressive symptoms.*
- 1998- 2002 B.A., Psychology, Summa Cum Laude
Wittenberg University, Springfield, OH

TEACHING AND RESEARCH EXPERIENCE

- 2015---present **Associate Professor.** Denison University Department of Psychology.
- 2009—2015 **Assistant Professor.** Denison University Department of Psychology.
Courses taught: Abnormal Psychology, Health Psychology, Social Responses to Psychological Illness, Research Methods, Introductory Psychology, Field Experience.
- 2006-2008 **Course Instructor.** Eastern Michigan University. Courses taught: Abnormal Psychology, Introductory Psychology, Independent Study Supervision.
- 2007- 2008 **Research Study Coordinator.** University of Michigan Department of Psychiatry.
Supervisors: Heather Flynn, Ph.D and Heather O'Mahen, Ph.D.
- 2007 **Course Instructor.** Concordia University, Ann Arbor, MI. Courses taught: Personality Theory, Independent Study Supervision.
- 2006—2007 **Clinical Research Therapist.** Treatment in Pregnancy/Perinatal Infant and Maternal Attachment and Cortisol study. Supervisor: Heather Flynn, Ph.D

PUBLICATIONS

Denison student co-authors are indicated in italics

Henshaw, E., Fried, R., Siskind, E., Newhouse, L., Cooper, M. (2015). Breastfeeding self-efficacy, mood, and breastfeeding outcomes among primiparous women. *Journal of Human Lactation*, 31(3) 511-518. .

- Henshaw, E., Fried, R., Teeters, J., & Siskind, E.** (2014). Maternal expectations and postpartum emotional adjustment in first time mothers: results of a questionnaire survey. *Journal of Psychosomatic Obstetrics and Gynecology*, 35(3) 69-75.
- Henshaw, E. J.** (2014). Too sick, not sick enough? effects of treatment type and timing on depression stigma. *Journal of Nervous and Mental Disease*, 4, 292-299.
- Novick, D.M., Allbaugh, L., Zhao, Z., **Henshaw, E.**, Vazquez, D.M., Armitage, R., Flynn, H., & WMHIP. (2014). Representativeness of obstetric patients who participate in perinatal depression research: findings from the Women's Mental Health and Infants Program (WMHIP) integrated dataset. *Archives of Women's Mental Health*, 17, 97-105.
- Henshaw, E., Sabourin, B., & Warning, M.** (2013). Treatment-seeking behaviors and attitudes survey among women at risk for perinatal depression or anxiety. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 42, 168-177.
- O'Mahen, H. A., Himle, J., Fedock, G., **Henshaw, E.**, & Flynn, H. A. (2013). A pilot randomized controlled trial of cognitive behavioral therapy for perinatal depression adapted for women with low incomes. *Depression and Anxiety*, 30, 679-687.
- Freedman-Doan, C. R., Fortunato, L., **Henshaw, E. J.**, & Titus, J. M. (2013). Faith-based sex education programs: What they look like and who uses them. *Journal of Religion and Health*, 52, 247-262.
- O'Mahen, H.A., Fedock, G., **Henshaw, E.**, Himle, J., Forman, J., & Flynn, H.F. (2012). Modifying CBT for perinatal depression: What do women want? A qualitative study. *Cognitive and Behavioral Practice*, 19, 359-371.
- Palladino, C. L., Fedock, G. L., Forman, J. H., Davis, M. M., **Henshaw, E.**, Flynn, H.A. (2011). OB CARES: The Obstetric Clinics and Resources Study: providers' perceptions of addressing perinatal depression—a qualitative study. *General Hospital Psychiatry*, 33(3), 267-278.
- Henshaw, E.**, Flynn, H. A., Himle, J., O'Mahen, H. A., Forman, J., & Fedock, G. (2011). Patient preferences for clinician interactional style in treatment of perinatal depression. *Qualitative Health Research*, 21(7), 936-951.
- O'Mahen, H. A., **Henshaw, E.**, Jones, J. M., & Flynn, H. A. (2011). Stigma and depression during pregnancy: Does race matter? *Journal of Nervous and Mental Disease*, 199(4):257-262.
- Flynn H.A., **Henshaw, E.**, O'Mahen H., Forman J. (2010). Patient perspectives on improving the depression referral processes in obstetrics settings: a qualitative study. *General Hospital Psychiatry*, 32(1), 9-16.
- Henshaw, E.**, & Freedman-Doan, C. R. (2009). Conceptualizing mental healthcare utilization using the Health Belief Model. *Clinical Psychology: Science and Practice*, 16(4), 420-436.
- Marcus, S., & **Henshaw, E.** (2008). Psychiatric issues in pregnancy and postpartum. In R.L. Glick, J. S. Berlin, A. Fishkind, & S. Zeller (Eds.), *Emergency Psychiatry: Principles and Practice*. Baltimore, MD: Lippincott Williams & Wilkins.

Under review:

- Henshaw, E., Durkin, K., Snell, R.**, (under review). First-time parents' shared representation of postpartum mood changes: a mixed-method analysis.

Other correspondence:

- Henshaw, E. (2013). Letter to the editor: Research collaboration benefits everyone. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 42, 403.

PRESENTATIONS

- Henshaw, E.**, (2015, November). Collaboration to develop a web-based interactive perinatal depression educational program to reduce treatment barriers for mothers and partners. In N. W. Selix (Chair), Interdisciplinary collaboration for perinatal mental health: a model for success. Symposium conducted at the Second Biennial Perinatal Mental Health Conference, Chicago, IL.

- Henshaw, E.** (2015, August). Exploring cultural competency in clinical research through historical reports. In E. Henshaw (Chair), *Lessons from our past: Using clinical history to teach ethics and cultural competency*. Symposium conducted at the meeting of the American Psychological Association, Toronto, CA.
- Henshaw, E.** (2014, August). *Access to care for individuals with serious mental illness: As problematic in 1890 as it is today*. In K. Keefe-Cooperman (Chair), *America's care of people with serious mental illness—lessons learned from two historical periods*. Symposium conducted at the meeting of the American Psychological Association. Washington D.C.
- Henshaw, E.** (2013, May). *Social responses to psychological disorder: A service learning seminar course*. Poster presented at the 25th annual Association for Psychological Science Convention, Washington D.C.
- Henshaw, E.** (2013, May). *Too sick, not sick enough? Effects of treatment type and timing on depression stigma*. Poster presented at the 25th annual Association for Psychological Science Convention, Washington D.C.
- Henshaw, E.** & Siskind, E. (2013, March). *Maternal expectations and postpartum emotional adjustment in first time mothers*. Oral presentation given at the Eastern Psychological Association annual conference, New York, NY.
- Henshaw, E.,** Sussman, E., & Siskind, E. (2012, May). *Correlates of breastfeeding confidence and intention during the postpartum hospital visit: A survey of first-time mothers*. Poster presented at OhioHealth Heritage Research Conference, Columbus, OH.
- Henshaw, E.** (2012, March). *Past treatment effectiveness and prenatal depression stigma: Different relationships for public and personal stigma*. Poster presented at the Eastern Psychological Association annual conference, Pittsburgh, PA.
- Henshaw, E.,** O'Mahen, H.A. (2011, July). *Impact of depression information on views of postpartum depression and treatment*. Open paper presented at the British Association for Behavioural and Cognitive Psychotherapies, Guildford, UK.
- Henshaw, E.** & Greenhouse, M. (2011, May). *Effect of Message Framing on Views of Postpartum Depression*. Poster presented at the Midwestern psychological Association Annual Conference, Chicago, IL.
- Henshaw, E.** (2010, April). *Psychological predictors of treatment seeking for depressive symptoms during pregnancy*. Oral presentation given at Midwestern Psychological Association Annual Conference, Chicago, IL.
- Small, B., **Henshaw, E.,** Freedman-Doan, C. R., & **Nerbonne, J.** (2009, April). *The relationship between academic expectations, perfectionism, and self-injurious behavior among a college sample*. Poster presented at Midwestern Psychological Association Annual Conference, Chicago, IL.
- Freedman-Doan, C.R., **Henshaw, E.,** Titus, J.M., Fortunato, L. (2007, August). *Faith-based sex education programs: what they look like and who uses them*. Poster presented at the 115th American Psychological Association Annual Conference. San Francisco, CA.
- Henshaw, E.** (2007, March). *The utility of the Health Belief Model for predicting mental health help-seeking behaviors*. Oral presentation given at Eastern Michigan University Graduate Research Fair. Ypsilanti, MI.
- Henshaw, E.,** Freedman-Doan, C.R. (2006, August). *A longitudinal study of religiosity, contraceptive knowledge, and expectations as related to adolescent sexual behaviors*. In C. Leanord (Chair), *the role of religion in sexual activity and contraceptive use from middle adolescence to emerging adulthood*. Symposium conducted at the meeting of the American Psychological Association. New Orleans, LA.
- Chamberlain, J.A., **Henshaw, E.J.,** Freedman-Doan, C.R. (2006, May). *The effects of gender, race, and parental communication on adolescent sexual behavior*. Poster presented at Midwestern Psychological Association Annual Conference. Chicago, IL.
- Moore, E.,** Freedman-Doan, C.R. (2005, April). *Sexual knowledge and religiosity in predicting sexual behavior*. Poster presented at Society for Research in Child Development. Atlanta, GA.
- Moore, E.** (2002, April). *Interpersonal Characteristics of Rejection Sensitive Persons*. Poster presented at Midwestern Psychological Association Conference, Chicago, IL.

STUDENT PRESENTATIONS ADVISED

Snell, R (2013, November). *How does postpartum depression in mothers affect mother-partner relationship quality?* Poster

- presented at the Ohio Psychological Association Annual Conference, Columbus, OH.
- Durkin, K (2013, November). *How do couples evaluate depressive symptoms in the first year of parenting?* Poster presented at the Ohio Psychological Association Annual Conference, Columbus, OH.
- Sussman, E. (2013, March). *Sociocognitive Predictors of Breastfeeding Maintenance Among First Time Mothers.* Poster presented at the Eastern Psychological Association Annual Conference, New York, NY.
- Sullivan, K. (2012, April). *Students' perceived barriers to reporting rape and sexual assault at Denison University.* Oral presentation given at the 26th annual Ohio Undergraduate Psychology Research Conference, Westerville, OH.
- Feehan, N. (2012, April). *With a little help from my friends: A brief bystander intervention for risky alcohol situations.* Oral presentation given at the 26th annual Ohio Undergraduate Psychology Research Conference, Westerville, OH.
- Fried, R. & Teeters, J. (2012, March). *Racial differences in illness perceptions and social responses among dysphoric perinatal women.* Poster presented at the Eastern Psychological Association Annual Conference, Pittsburgh, PA.
- Warning, M (2011, May). *A review of the relationship among body dissatisfaction, interpersonal patterns, and depressive symptoms in perinatal women.* Poster presented at the Midwestern Psychological Association Annual Conference, Chicago, IL.
- Sabourin, B. (2011, May). *Current status of the psychology-religion gap: Christian religiosity and attitudes toward mental health care.* Poster presented at the Midwestern Psychological Association Annual Conference, Chicago, IL.
- Moss, A., Russo, C., & Hull, M. (2011, April). *Effects of self-awareness on eating behavior in males and females.* Oral presentation given at 25th annual Ohio Undergraduate Psychology Research Conference, Gambier, OH.
- Pronai, C. (2011, April). *The relationship between economic fluctuation and the utilization of mental health services in a public outpatient facility.* Oral presentation given at 25th annual Ohio Undergraduate Psychology Research Conference, Gambier, OH.
- Franzen, J. (2011, April). *Academic contingent self-worth and anticipated post-graduate distress.* Oral presentation given at 25th annual Ohio Undergraduate Psychology Research Conference, Gambier, OH.
- Cerney, J., Bryant-Lees, K. (2011, April). *Does ambiguous relations status predict greater anxiety in imagined romantic relationships?* Oral presentation given at 25th annual Ohio Undergraduate Psychology Research Conference, Gambier, OH.
- Wang, M., & Grumeretz, S. (2011, April). *Effects of music, meditation, and silence on response to an anxiety-provoking task.* Oral presentation given at 25th annual Ohio Undergraduate Psychology Research Conference, Gambier, OH.
- Sabourin, B. (2010, November). *Current status of the psychology-religion gap: Christian religiosity and attitudes toward mental health care.* Poster presented at the Ohio Psychological Association Annual Conference, Columbus, OH.
- Warning, M (2010, November). *A review of the relationship among body dissatisfaction, interpersonal patterns, and depressive symptoms in perinatal women.* Poster presented at the Ohio Psychological Association Annual Conference, Columbus, OH.
- Pronai, C. (2010, November). *A review of the relationship between the economy and mental healthcare utilization.* Poster presented at the Ohio Psychological Association Annual Conference, Columbus, OH.
- Pucke, E. Sivright, S., & Kaplansky, B. (2010, April). *Distinctions within undergraduate student attitudes toward academically-motivated and recreationally-motivated illicit use of prescription stimulants.* Oral presentation given at 24th annual Ohio Undergraduate Psychology Research Conference, Columbus, OH.

SERVICE ACTIVITIES

SERVICE TO PSYCHOLOGY DEPARTMENT

2010—2015

Graduate School Preparation Committee

2014-2015

Senior Research Coordinator

2014 Wolf-Lamb Award Selection Committee
 2010-2012 Psi Chi Advisor
 2011 Hornaday Scholarship Selection Committee
 2009—2010, 2012-2013 Human Subjects Review Committee
 Annually: Admissions open house representative
 Job shadowing program: Granville High School

SERVICE TO DENISON UNIVERSITY

2014 CARE Advisor for Student-Student Gender Related Title IX Cases
 2012--2014 Alford Center Advisory Group
 2013 Service, Sustainability and Social Entrepreneurship Workshop Co-organizer
 2014 Admissions' Faculty Dinner for Parents of Accepted Students
 2012 Admissions Counselor Breakfast with Faculty
 2010—2014 Denison Community Garden Faculty Coordinator
 2012-2013 Campus Sustainability Committee (Vice Chair during Fall 2012)
 2010—2012 Task Force on Academic Advising
 2011—2013 Drug and Alcohol Resource Team (DART) Committee Member
 Environmental Studies Program Committee
 2011—2012 Sustainability Advisory Group on Co-curricular and Community Activities
 Listening For a Change (formerly Creating Conversations) group member
 2011--2014 Pi Beta Phi Academic Advisor
 2011--2014 Orientation Advisor: June, August, and Phone Orientation
 2013--2015 Advisor (part time): Denison Sustainable Farming Orientation

Invited speaker/discussion leader:

2013 Faculty Research Dinner
 Psychology Department Brown Bag Series
 2012 Early Career Programming: Balancing Academic Life
 2011 Tuesday Lunch Series
 Denison Scientific Association
 New Faculty Orientation
 Denison University Breast Cancer Awareness Benefit
 Teaching Matters: Making Classes Work Discussion Leader
 Fall Faculty Symposium Table Leader
 Liberal Arts Workshop: Animating Our Convictions
 2010 Women in Science
 Active Minds Student Organization Mental Health Panel

SERVICE TO PROFESSION

2015 May 2015. Co-presenter in continuing education webinar *Maternal Mental Health Care: Diverse Perspectives on the Future Landscape*. Sponsored by the Mental Health Association of San Francisco's Center for Dignity and Recovery.

2015 external examiner Deakin University clinical psychology PhD candidate

2010--present Ad hoc journal reviewer:
 Clinical Psychology: Science and Practice
 Journal of Affective Disorders
 Archives of Women's Mental Health

Journal of Obstetric, Gynecological, and Neonatal Nursing
Journal of Psychosomatic Obstetrics and Gynecology
Journal of Environmental Psychology
Women & Health
Journal of Family Issues

- 2013—2014 Workshops on Empirically-Supported Approaches to Substance Abuse Counseling (Motivational Interviewing Techniques) and Avoiding Burnout in Human Service Positions. St. Vincent's Haven Homeless Shelter
- Continuing Education Workshop: Increasing breastfeeding self-efficacy (Riverside Hospital)
- 2011-2012 Continuing Education Workshop: Perinatal Depression Screening (Riverside Hospital)
Maternal Depression Task Force: Annual research summary
- 2009—2012 Member of Ohio Maternal Depression Task Force
Education and Outreach subcommittee

CLINICAL TRAINING

- Aug. 2008—Aug. 2009 **Predoctoral Internship.** The University of Michigan Counseling and Psychological Services
Ann Arbor Michigan. Supervisor: Vicki Hays, Ph.D.
- Sept. 2006—May 2007 **Clinical Practicum.** The University of Michigan Depression Center
Department of Psychiatry
Ann Arbor, Michigan Supervisor: Heather Flynn, Ph.D.,
- Aug. 2005—May 2006 **Clinical Trainee.** Eastern Michigan University Counseling Services
Ypsilanti, Michigan. Supervisor: Rosalyn Barclay, Ph.D.
- May 2004—2008 **Clinical Practicum.** Eastern Michigan University Psychology Clinic
Ypsilanti, Michigan. Supervisor: Carol Freedman-Doan, Ph.D.